



## Waterfest 2016 Schedule & Location of Events

### Friday, Sept. 30, 2016

- 3:00 PM - 5:00 PM **Registration, soak, explore Manitou Springs**  
NOTE: Registration is at SunWater Spa, 514 El Paso Blvd, Manitou Springs
- 5:00 PM - 7:00 PM **Welcome reception** – SunWater Spa, 514 El Paso Blvd, Manitou Springs
- 7:00 PM **Dinner** - on your own
- 7:00 PM - 11:00 PM **Networking, soaking, etc.**

### Saturday, Oct. 1, 2016

- 8:00 AM - 9:30 AM **Mayors Cup 5K Run for the Mineral Springs**  
Meet at Memorial Park, El Paso Blvd, Manitou Springs – across from SunWater Spa
- 9:00 AM - 10:00 AM **Spokes guided bike ride (FREE)** – 7 Minute Springs – across from SunWater Spa
- 9:00 AM - 10:00 AM **Community yoga** - SunWater Spa
- 8:30 AM - 11:00 AM **Mineral Spring's Treasure Hunt (FREE)** – Memorial Park

### MANITOU ART CENTER (MAC) – 513 MANITOU AVE., MANITOU SPRINGS

- 10:00 AM - 11:05 AM **Review Evidence Based Practices and the Health Benefits of Mineral Water Therapy - MAC**  
*Michele Solloway, Ph.D, and Marcus Coplin, ND*
- 11:00 AM - 12:00 PM **Harry Potter Water Quidditch (FREE)** – Memorial Park
- 11:15 AM - 12:20 PM **Explore the History of Manitou Springs and the Development of Global Spa Cultures -MAC**  
*Prof. J. Paul De Vierville, Ph.D, and Deborah Harrison*
- 12:30 PM - 1:30 PM **Networking lunch** (registration add on)
- 1:45 PM - 2:45 PM **Mineral Water Tasting (FREE)** – Sunwater Spa
- 1:45 PM - 2:50 PM **Understanding and Protecting Our Mineral Springs Aquifers - MAC**  
*Steve Witte, Hank Worley, Dave Wolverton*
- 3:00 PM - 4:00 PM **Harry Potter Water Quidditch (FREE)** – Memorial Park
- 3:00 PM - 4:15 PM **Interactive Roundtable for Mineral Springs Owners & Operators: Challenges & Opportunities for the 21st Century - MAC**  
*Deborah Smith and David Erlich*
- 5:00 **After Party - Kinfolks**